

Live Music - is BACK! Thurs, May 21 at 1pm

We have received funding to re-start our popular
"Get Into the Groove" Concert Series.

Join us on the third Thursday of the month
from 1-2pm in the Community Room.

Refreshments are always served and if the music moves you
then dance, dance, dance!

This program is brought to us by Concerts in Motion with
generous financial support from Susan Klingenstein Family
Foundation.

ALL are welcome at this joyous event.



Shopping Trips

Costco

Monday

May 11th

10:30am ~ 1:00pm

Friday

May 22nd

12:45pm ~ 3:00pm

Trader Joe's

Tuesday

May 5th

11:30am ~ 1:00pm

**Trip to the Whitney Museum of American Art and/or
The Highline – or both - your choice!**

Monday, May 18, 10: – 2:30

The High Line is an elevated (literally!) public park on the West Side of Manhattan operated, maintained, and funded by the nonprofit conservancy Friends of the High Line.

The Whitney presents the full range of twentieth century and contemporary American art, with a special focus on works by living artists. Senior ticket price \$24

Have You Checked Out Pier I Cafe?

Just down the ramp at 68th street and Riverside Boulevard is a seasonal cafe with plenty of seating. The cafe opens each spring, runs through the fall, and gets bigger each year. They feature a casual menu, plenty of seating and gorgeous sunsets. Stroll down for a frozen drink & burger in a lovely, plant filled setting. Kids menu, too. Open 11:30am - 8pm daily



Note: We are a 501 (c)(3) non-profit. Contributions to Lincoln House Outreach are tax deductible. To remember Outreach as a beneficiary of your will, trust, or account, our legal name is "Lincoln House Outreach, Inc." Outreach is partially funded by a grant from the City Council in partnership with New York City Department for the Aging (NYC Aging) and NYC Council Member Brewer

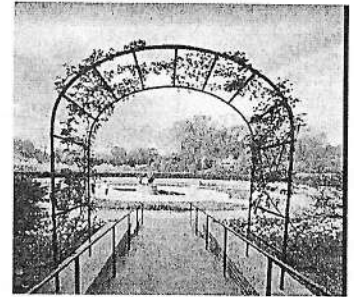
ACTIVITIES

Trip to the Conservatory Garden or The Museum of the City of New York. Visit one depending on your mood - and the weather. Friday, May 8th, 10:45-1:30

Conservatory Garden is the only formal garden found in Central Park. It has a quiet, calm atmosphere, free from runners and bicyclists.

Designed by Gilmore D. Clarke, the six-acre garden is divided into three distinct sections, each reflecting a different European garden style: the English Garden (South) the Italianate Garden (Center), and the French Garden (North). A destination for neighborhood residents and visitors from all over the world, its six acres are well-known for plantings of tulips, lilacs, crabapple trees, summer perennials, and chrysanthemums.

Visitors enter through the Vanderbilt Gate, an ornate wrought-iron gate originally from the Vanderbilt mansion on Fifth Avenue and 58th Street. Free admission.

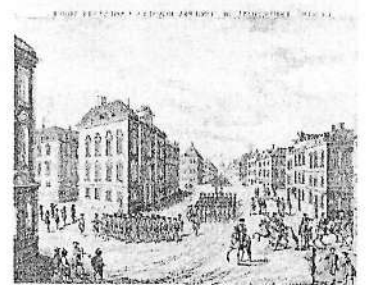
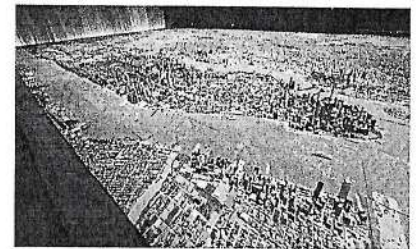


The Museum of the City of New York.

Check out “**He Built This City**” - an exact replica of NYC built over 21 years by hand using everyday materials including balsa wood, cardboard, and glue!

A new exhibition, “**The Occupied City**” marks the 250th anniversary of the American Revolution and transforms the Museum’s entire third floor into an immersive journey through Revolutionary-era New York. It tells the stories of those varied peoples living under seven years of British occupation and who emerged as residents of the nation’s new capital.

More on the website about this and other current exhibits at
www.mcny.org
Senior price \$18



Film Club

Thursday, May 28th 4:00PM

Watch “**The Bad Guardian**” on Netflix.

Come join us for an interesting conversation in the Community Room.

Tech Tuesdays

If you need help with your cell phone, laptop or tablet let us know. The help is free and brought to us by Tech Soup - a program of the JCC of Manhattan. Open to any adults in the building. Call us to book your appointment **Tuesday, May 12th or Tuesday, May 26th, 1-3pm.**

Men’s Group

What's on your Mind?
New members always welcome!

Tuesdays – May 12th and May 26th at 10:30am

Community Room



*Happy Mother’s Day
Sunday, May 10th*

