

Trip to The Studio Museum in Harlem

Tuesday, Jan 12th 10:30am - 1:30pm

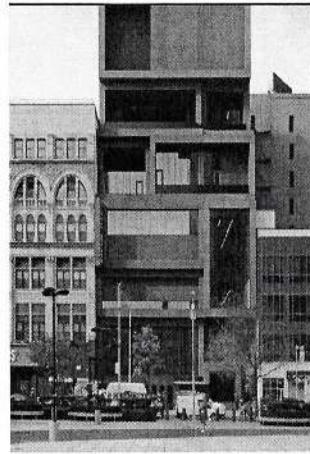
Tickets for older adults are just \$9.

Visit their website for current exhibitions

<https://www.studiomuseum.org/about>

The Studio Museum in Harlem is the nexus for artists of African descent *locally*, nationally, and *internationally* and for work that has been inspired and influenced by Black culture. It is a site for the dynamic exchange of ideas about art and society.

Call us to reserve your seat on the Project CART van!



SPECIAL EVENT

The Impact of Artificial Intelligence on Social Relationships and Culture

Thursday, Feb 26th at 7pm

Community Room

In our age of Artificial Intelligence, Lincoln Guild resident Julie Wosk will speak about the social and cultural impact of AI.

Today's AI—including artificial companions, sex robots, AI caregivers—are having a dramatic impact on social relationships, and our ideas about what makes us human. AI has also captured the imagination of today's artists, writers, and filmmakers.

Julie Wosk is a professor emerita and the author of several books including *Artificial Women: Sex Robots, Robot Caregivers, and More Facsimile Females*, and *Women and the Machine: Representations From the Spinning Wheel to the Electronic Age*. See the Wikipedia page for more information.

Shopping Trips

Costco

Tuesday, February 10,
12:45 ~ 3:00pm

Thursday, February 19,
9:30am ~ 12:30

Trader Joe's

Tuesday, Feb 3rd
11:30 – 1pm

Office Closing

The LHO Office will be closed on Monday, February 16th for Presidents' Day.

Don't forget to vote On Tuesday, February 3rd.

Our Upper West Side district has one more election.

This is because Brad Hoylman-Segal, who represented District 47 in the State Senate, was elected as Manhattan Borough President in November, and he took office in January, leaving his Senate seat open.

Lincoln Square Older Adult Center

250 West 65th Street (just off of West End Ave)

Have you checked this place out?

Goddard Riverside and Lincoln Square Older Adult Centers help older members of the community live life to the fullest. Membership is free to anyone 60 and older. More than 3,000 members come from diverse racial, ethnic, and religious backgrounds. They are actively involved in the centers, so that the services and activities reflect their interests.

Activities such as painting classes, exercise, choir, "Poets and Writers," games, and computer workshops challenge older adults to keep growing and learning. Social events such as birthday and holiday parties strengthen the sense of community. Our hot lunch provides vital nutritional support at an affordable price. We hear amazing things about the "**Shape Up**" class every Friday at 9:30am AND their **Zumba** class every Tuesday at 9am. Stop over before 3pm Monday - Friday to become a member or call the Program Director, Viktoriia Zakhary, at 212-874-0860 ext. 4920 to find out about registering then take advantage of their wonderful programming! Let us know what you think!

Travel Discussion Group

Where have you been?

Where would you like to go?

Come join this group to talk about travel near or far. New members always welcome.

Monday, February 9th at 4PM

Community Room

Tech Tuesdays

If you want to be seen for help with your tech device on February 10th or 24th call Outreach.

Save the Date: Thursday, March 5th 11am
Posture Workshop with Robin!

Film Club

Thursday, February 19th, 4:00PM

Watch "The Best You Can" on Netflix.

Come join us for an interesting Conversation in the Community Room

Memoir Writing Workshop

New dates for the February Memoir Writing Workshop

Monday	2
Monday	9
Monday	16
Monday	23



SUPERBOWL 2026

If you are participating in our football pool come down to Outreach for the completed pool grid. Don't worry if you can't make it as we will be calling the winners Monday morning. Also, you don't have to watch the game to win. Good Luck!!

