

LINCOLN HOUSE OUTREACH

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Lincolnhouseoutreach.Org

AUGUST/SEPTEMBER 2025

VOLUME 44, ISSUE 8/9
OFFICE HOURS
MONDAY – FRIDAY
10:00 AM – 3:00 PM

The “303” OUTREACH APARTMENT TOUR IS BACK AGAIN!

The “303” Apartment Tour will take place on Sunday, October 19th, from 1:00pm to 4:30pm. This is a great opportunity for you to show the recent renovations and updates to your home while meeting other shareholders.

It is always a friendly, pleasant afternoon of sharing the creative and innovative designs your neighbors have designed. Groups of five to seven shareholders, led by a volunteer leader, will view your apartment.

The tour is for a good cause, a fundraiser for Outreach.

If you would like to show your apartment on the fall tour, please contact Outreach at 212-875-8958

“Lincoln Center Summer for the City”

June 11-August 9 is Lincoln Center’s fourth annual Summer for the City offering hundreds of FREE and Choose-What-You-Pay performances and cultural activities for all ages. We invite you to come as you are, experience global rhythms and embrace new perspectives – all without ever leaving New York!

Dance all summer under the GIANT disco ball on the plaza. Search “Lincoln Center Summer for the City” on your computer

Fresh Food for Seniors \$10 food bag program is on.

Swing by Outreach if you are new to this program and want to learn more.

Trip to PS1 MOMA in Queens

Thursday, August 7th

11:30 – 3:00pm

New York residents are free.

Ora’s Market will be open!

It offers coffee, pastries, salads, sandwiches, and more!

Office Closings

The Outreach office will be closed from Monday, August 18th through Monday, September 1st.

We will reopen on Tuesday, September 2nd.

Farmer’s Market Coupon Books for Seniors Available

Just like in year’s past – get a free \$25 coupon book to use at any NYC farmer’s market on fruits and vegetables only. Come to our office to get yours.

Note: We are a 501(c)(3) non-profit. Contributions to Lincoln House Outreach are tax deductible. To remember Outreach as a beneficiary of your will, trust or account, our legal name is “Lincoln House Outreach, Inc.” Outreach is partially funded by a grant from the City Council in partnership with New York City Department for the Aging (NYC Aging)

Shopping Trips

Trader Joe's; Tuesday, August 5th

11:30-1:00pm

Costco; Wednesday, August 13th

10:45-1:00pm

September Trips TBA

"Be yourself; everyone else is
already taken." - Oscar Wilde

Activities

Get Into the Groove" - A Concert Series – SALSA!!

Thursday – August 14th; 1:30-2:30pm

Note: the concert is early in August as Outreach
will be closed the last two weeks of the month.

Refreshments and dancing in the
Community Room
All are welcome.

Film Club

Thursday, August 14th; 11:00AM

Watch "Adolescence" on Netflix
Come join us for an interesting
Conversation.

Medicaid Basics

September 17th at 7:00pm

Aging raises many critical issues,
especially if your goal is to age in place
safely and successfully in your home.

Join Britt Burner, Managing Partner of
Burner Prudenti Law, P.C. for an
informative discussion on the latest
changes to Medicaid eligibility and
assessments, as well as the essential
Estate Planning documents you need to
protect yourself and your loved ones.

Coffee and cookies will be served.

Travel Discussion Group

Monday, August 4th at 4:00pm

Community Room

All adults are welcome.

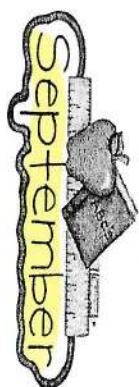
Discuss activities in and around NYC and how we
found out about them.

If you'd like to go with the group to New Haven,
please let me or Bernice Silverman know so we can
finalize a group tour.

Something to Note:

If you are feeling sick and think you need to go to the hospital, you may call West Side Hatzolah.
212-230-1000

They are a Jewish volunteer ambulance service and under normal conditions they will take you to
the hospital of your choice. Their service is free. They bill insurance and accept donations.



2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <u>Labor Day</u> LHO office closed	2 Office re-opens <u>Trader Joe's</u> 11:30 – 1pm	3 <u>Coffee, Cookies, &</u> <u>Conversation</u> 2:00 – 3:00 <u>NOW Group</u> 3:30pm Fresh Food Delivery 12-3:00pm	4 <u>Costco Trip</u> 9:45 – 12Noon	5	6
7	8 <u>Travel Club</u> 4:00	9 <u>Men's Group</u> 10:30am <u>Tech Tuesdays</u> – By appointment only 1:00-3:00pm	6 <u>Coffee, Cookies, &</u> <u>Conversation</u> 2:00 – 3:00 <u>Fresh Food Delivery</u>	11 <u>Caregiver Support</u> <u>Group</u> : 10:30	12	13
14	15	16	17 <u>Coffee, Cookies, &</u> <u>Conversation</u> 2:00 – 3:00 <u>NOW Group</u> 3:30pm <u>Medicaid Basics</u> 7:00pm	18 <u>Film Club</u> – 11:00 4	19	20
21	22	23 <u>Men's Group</u> 10:30am <u>Tech Tuesdays</u> – By appointment only 1:00-3:00pm	24 <u>Coffee, Cookies, &</u> <u>Conversation</u> 2:00 – 3:00	25 <u>Caregiver Support</u> <u>Group</u> : 10:30 Get in the Groove – <u>SALSA Concert</u> 1:30pm	26 <u>Trip to</u> <u>International</u> <u>Center for</u> <u>Photography</u> 10:45 – 1pm	27
28	29 <u>COSTCO Trip</u> 10:15 – 1pm	30 <u>Trip to the Bronx</u> <u>Botanical Gardens</u> 10:15 – 2pm	HOUSE TOUR Coming Sunday, October 19 th , 1-5pm Come see what your neighbors have done to their spaces – or show off what you did! Call Outreach to sign up. United Nations General Assembly Tues., Sept 9 – Tues, Sept 23. Outreach will NOT run trips during this time.			