303 West 66th Street New York, NY 10023 (212)-875-8958 Lincolnhouseoutreach.org

LINCOLN HOUSE outreach

July 2025 Volume 44, Issue 7 Office Hours
Monday-Friday

10:00AM-3:00PM

Fresh Food For Seniors is BACK!

Lincoln House Outreach will again be a site where seniors can pick up a bag of fresh fruits and veggies for \$10 cash (a \$15 value) like in years past.

For the first delivery on Wednesday, July 9th kindly come by our office and pay by 3pm on Tuesday, July 1st. This will buy you the first bag which will be delivered here to 303 on Wednesday, July 9th. At that point you can pay for the next bag, or not.

There is no need to pay for the whole season which runs through November—just buy the bags you want but if you wish you can pre-pay for the season. Fruit and veggies are local and in season and each bag depends on the harvest.

Note: food is not organic.

Deliveries are <u>every other Wednesday</u> as follows and we ask that you pick up your bag before 3pm. Save the delivery dates below:



July 9 July 23 August 6 Not 8/20

September 3 September 17 October 1 October 15 October 29 November 12

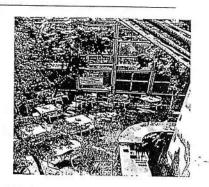
Thank you Gale Brewer for making this possible!

Trip to Asia Society Museum on East 70th Street Friday, July 18th; 11:15 - 2:30pm

Seniors are just \$10 and if we have 10 riders we can try and schedule a private docent tour so sign up with us ASAP (an extra charge will be expected.) Waitlist Only.

https://asiasociety.org/new-york

Yes - their Leo Cafe onsite will be open for lunch!



The Outreach office will be closed on Friday, July 4th.



Note: We are a 501(c)(3)non-profit. Contributions to Lincoln House Outreach are tax deductible.

To remember Outreach as a beneficiary of your will, trust or account, our legal name is "Lincoln House Outreach, Inc."

Outreach is partially funded by a grant from the City Council in partnership with New York City Department for the Aging (NYC Aging)

TRIPS

Costco/Aldi

Friday, July 11th 12:45—3:30pm

Monday, July 28th 10:15pm-1:00pm

Trader Joe's

Thursday, July 3rd 10:45 am - 1:00pm 92nd & Columbus store All one level and wonderful

IKEA - Brooklyn

Monday, July 1st; 11:15-3:30pm Shop and eat - all in the Red Hook Brooklyn IKEA store.

Eat lunch overlooking the water.

Browse the showrooms and shop their marketplace for Swedish goodies to take home - yes even their famous meatballs and lingonberry sauce!

Wave Hill in Riverdale Tuesday, July 22nd;10:15 - 1:30pm

Beautiful manicured gardens overlooking the Hudson River.

Bring your lunch to eat in the designated area or enjoy their casual cafe on the terrace.

Film Club

Thursday, <u>August 21st</u> at 11:00am Community Room

Watch "Adolescence" on Netflix Come join us for an interesting conversation

Note: No Film or Travel Club in July.

Travel Discussion Group

Monday, <u>August 4th</u> at 4:00pm Community Room.

All adults are welcome.

Discuss activities in and around NYC and how we found out about them.

If you'd like to go with the group to New Haven, please let me or Bernice Silverman know so we can finalize a group tour.

"Get Into the Groove"-

A Concert Series!
Thursday, July 24th at 1:30pm



Relax, Listen, and dance!
Refreshments will be served.



Looking for free events in the neighborhood?

See what Lincoln Center has going on all summer long - all for free!

Just search online for Lincoln Center Summer for the City

for the complete schedule.

Dance on the Lincoln Center Plaza all summer long under the giant disco ball!