

NOTICE OF ANNUAL MEETING

The Annual Meeting of the membership* of Lincoln House Outreach, Inc. will be held **Thursday, November 7, 2024; 7:00pm in the Community Room**

The annual meeting of Lincoln House Outreach (LHO) is open to all residents of the building. The purpose of this meeting is to introduce LHO to new residents, to elect the officers and members of the Lincoln House Outreach Board of Directors, hear Committee Reports, and to conduct such other business as comes before the meeting.

The following list of officers and members of the Board of Directors will be presented for approval:

Board of Directors

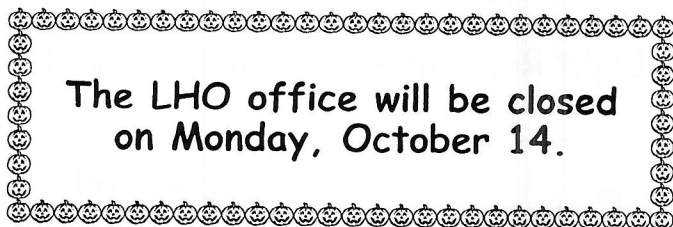
Naomi Rossabi.....	Co-Chair
Tom Brensic.....	Co-Chair
Shirley Wald.....	Secretary
Grace Rosas.....	Treasurer
Blaise Barron.....	Planning and Fundraising
Arlene Linder.....	Finance
Susan Narow.....	Governance
Sheila Stanger.....	Nominating
Andre Cohen	Liaison to LGHC
Gail Tuzman.....	Member-At-Large
Diane Sherman.....	Member-at-Large

*All 303 resident stock holders are members of Lincoln House Outreach, Inc. by virtue of the LGHC's corporate support of the program and Lincoln House Outreach's By-Laws.

Note: Contributions to Lincoln House Outreach are tax deductible.

Please consider registering with Outreach -

Stop by for more info and help us show our funders that we are enhancing the lives of older adults here at 303. Outreach wants to be here for many years to come and signing up today will help ensure that we are!



TRIPS

- ♦ **Costco/Aldi:**
Monday, October 21
9:00 - 12 Noon
- ♦ **Little Island**
Friday, October 11
10:45 - 1:00pm
- ♦ **Trader Joe's/TJ Maxx**
Thursday, October 3rd
10:45-1pm
- ♦ **Sky Scraper Museum**
Friday, Oct 25
11:15 - 2:30pm

Arthur Ave in The Bronx

Eat, shop and explore this neighborhood filled with Italian delicacies!

Tues, Oct 29th, 10:15 - 2pm

Call or email Outreach to reserve your spot on the van for ALL trips.

Film Club

Thursday, October 10th 11:00

Community Room

Watch "Thank You, I'm Sorry"

Come join us after watching for an interesting conversation!

This film club is volunteer led and open to all adults in the building.

Did you know you can get **FREE COVID TESTS** from the government sent to your home?

This program is now open & each household can get up to 4 tests.

Go to this website to order yours:

**Covid.Gov/Tests or call
1-800-232-0233**

If you would like help please contact us.

Create Your Voting Action Plan

This presentation brought to us by the League of Women Voters walks the participants through the process of voting from voter registration all the way through completing the ballot and understanding the propositions.

The objective of this presentation is to demystify the process of voting so it is accessible to all eligible voters.

Tuesday, October 22 at 7:00pm
Community Room
Light Refreshments will be served

MEDICARE COVERAGE

October 15th is the first day you can change your Medicare health or prescription drug coverage for next year. There are flyers in the mailroom on the back of the calendar with all the info you need.

We can also help you in Outreach with one-on-one Medicare counseling with Janet Dore, our all things Medicare expert!

Contact us to make an appointment with her if you have any questions or need help with any changes or to sign up.

Note:

December 7th, 2024 is the last day you can make any changes.

Monthly Plant Swap

Riverside Library - 65th Street and Amsterdam Ave

1st Tuesday of every month (except if 1st Monday or a holiday); 3-5PM

Bring healthy plants, cuttings, supplies or just yourself and enjoy

Email martajoksimovic@nypl.org for monthly Email reminders



OPEN ENROLLMENT FOR YOUR MEDICARE COVERAGE

October 15, 2024 is the first day you can change your Medicare health or prescription drug coverage for next year. This is the one chance this year most people with Medicare have to make a change in their health and prescription drug plans. For example, you may wish to change from a Medicare Advantage plan back to Original Medicare or vice versa, or from one Medicare Advantage plan to another. Also, if your prescription drugs have changed, you may wish to see if a different Part D plan will be beneficial. If you are planning to make a change, do so as early as possible to avoid any issues at the pharmacy counter or doctor's office in January.

IN MOST CASES, DECEMBER 7 IS THE LAST DAY YOU CAN CHANGE YOUR MEDICARE COVERAGE FOR NEXT YEAR. IF YOU HAVE A MEDICARE ADVANTAGE PLAN (YOU GET YOUR INSURANCE THROUGH A PRIVATE INSURER) YOU WILL HAVE ANOTHER CHANCE TO CHANGE YOUR COVERAGE BETWEEN JAN. 1 – MARCH 31ST)

If you have Original Medicare Part A and B (in other words, “regular” Medicare, not a Medicare Advantage plan) and you want to continue with that you do not need to do anything. It will continue as is, automatically.

If you are currently enrolled in a Medicare plan with a private insurance company, i.e. a Medicare Advantage plan or a stand alone Part D Prescription Drug plan, the plan will send you important information about your coverage, benefits, and cost for next year. **Be sure to review this material.**

January 1, 2025 is the date your new coverage begins if you switch to a new plan. If you stay with the same plan, January 1, is the date that any changes to coverage and benefits, or costs for the new year will begin.

If you want to discuss these issues please call the Outreach office at (212) 875-8958 to sign up for an appointment with Janet. When Janet is not available you may call the HIICAP office of DFTA which provides Medicare counseling at (212) 602-4180.

PLEASE NOTE: THIS IS NOT COUNSELING FOR THE HEALTH INSURANCE EXCHANGES OR THE AFFORDABLE CARE ACT.