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Lincolnhouseoutreach.org

# LINCOLN HOUSE outreach

July 2024  
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**Office Hours**  
Monday-Friday  
10:00AM-3:00PM

Hello Everyone,

We hope all of you are off to a good summer season! We here in the Outreach Office are busy planning activities and trips which are listed every month in this newsletter. In addition to what you see listed here, in September we hope to have the League of Women Voters here to get us excited about the upcoming Election.

We love working with the older adults at 303 - we entertain and engage them, connect them to social services and community resources and offer our advice, expertise and our warm smiles - all for free!

We are all well aware that with old age comes loss and during this past year we have lost 3 of our dear older neighbors which is always a reminder that we want to strengthen our efforts and invite any adult over 60 to come to our office to meet us and learn more about our programming.

We understand that you may still be actively engaged in work and all that this great city has to offer, but one day you *might* find you need a little help, reassurance for yourself or a loved one, or a place to drop in to ask questions, get support or simply say "hello."

With that we say please consider registering with Outreach!

Registering is free and easy.

*You are not obligated in any way to participate.*

Your willingness to sign on reinforces to our funders that we are enhancing the lives of the older adult community here at 303.

Outreach wants to be here for many years to come.

Signing up today will help ensure that we will!

Sincerely,  
Holly Zinn, LCSW  
Director of Outreach



**HAPPY FOURTH OF JULY**  
**Enjoy the FIREWORKS!**

To remember Outreach as a beneficiary of your will, trust or account, our legal name is "Lincoln House Outreach, Inc."

Outreach is *partially* funded by a grant from the City Council in partnership with New York City Department for the Aging (NYC Aging)

## TRIPS

- ♦ **Costco/Aldi:**  
Friday, July 19th, 10:15 -1:00pm
  - ♦ **Trader Joe's/TJ Maxx -**  
East 59th Street  
Thursday July 11th, 10:45 - 1:00pm
  - ♦ **Lincoln Center Tour**  
Friday July 12th, 10:30am  
Pre-registration required
  - ♦ **Brighton Beach**  
July 16th, 10:15 - 2:30
- Call or email Outreach to reserve your spot on the van for ALL trips.

## FILM CLUB

Thursday, July 18th; 11:00  
Community Room

Watch "**Molly's Game**" with Robert Downey Jr. & Robert de Niro on Netflix

Come join us after watching for an interesting conversation!

This film club is volunteer led and open to all adults in the building.

## Join one of our groups!

MEN'S Group  
2nd & 4th Tuesdays

CAREGIVER SUPPORT GROUP  
2nd & 4th Thursdays

NOW Group  
1st & 3rd Wednesdays

## Whitney Museum of American Art

Have you wanted to check out the Whitney Museum but find it is hard to travel to?

We'll step right up and join us as we travel on the Project CART van to get there easily on **Monday, July 29th.**

The Biennial which will still be going on features seventy-one visionary artists and collectives. Don't miss the must-see exhibition of the year.

We will meet in the lobby at 10:15 - the return pick up will be at 2:30. There is wonderful food onsite for lunch. And check out the Highline if time permits (or if you prefer.)

As always, let us know if you'd like to join us.

WHITNEY

## TECH TUESDAYS

Do you need help with your cell phone, kindle, ipad or laptop?

Get the help you need - HERE - in the Community Room twice a month on Tuesdays -

ASK Outreach how to sign up.

July 9th and  
July 23rd are open

The LHO Office will be closed on Thursday, July 4th and Friday, July 5th.