

Office Hours  
Monday-Friday  
10 AM-3 PM

# News & Views

303 West 66th Street  
New York, NY 10023

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Phone (212) 875-8958

Lincoln House Outreach, Inc.

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## YOUR VOICE!



Have you ever wondered how your voice functions?

Orit Greenberg, Speech Language Pathologist & National Center for Voice and Speech trained Vocologist will explain the anatomy of your voice and age related changes as well as teach us strategies and exercises to help keep your voice sounding clear!

There will be time for your questions or you can submit them in advance to [hzinn@lincolnhouseoutreach.org](mailto:hzinn@lincolnhouseoutreach.org).

Participants will receive a snack "to go" after this one hour talk.

TUESDAY, JUNE 21st at 7:30pm

Community Room

Masks Required

## Food Drive to benefit West Side Food Pantries and Ukraine

Monday, June 20th from 10 - 11am in our driveway  
or before to Blaise Barron if that is more convenient.

See the flyer in the elevators or mailroom  
for all the details and specific items needed.

Thank you!

To remember Outreach as a beneficiary of your will, trust or account, our legal name is "Lincoln House Outreach, Inc."

*Lincoln House Outreach is partially funded by a grant from the City Council in partnership with the NYC Department*



**Whitney Museum of American Art**

Join Whitney Museum Docent, Jan, on Thursday, June 16, at 2:00pm \*new time\* over Zoom for a tour of part of the museum



**FILM CLUB**

Join us Wed., June 1st to discuss Mudbound We will meet from 11am—12:30pm in the Community Room

For our July 6th meeting watch "The Life Ahead" on Netflix

This film club is volunteer led and open to all adults in the building

**SUMMER ON THE HUDSON - ALL SUMMER LONG**

Summer is here and there are so many free **FREE EVENTS** lined up in Riverside Park South! Here is just a sampling of what Riverside Park Conservancy has put together for summer 2022: Yoga + Children's Performances and Storytime + Trivia Night + Tots Soccer + Pilates+ Salsa Dancing + Jazz Concerts + Tai Chi + Game Night + Aerobics and dance for older adults + Sun & Star Gazing + Movies under the Stars + County Fair + Drawing and more!

Find it all at [www.nycgovparks.org/events/summer\\_on\\_the\\_hudson](http://www.nycgovparks.org/events/summer_on_the_hudson) or come in and we can print you up a brochure - you may have even received one in your mailbox. Grab a bite and cold drink at Pier I Café at 70th street & the Hudson-restrooms also located there. See the renovations to Riverside Park South, too! Most of the events listed take place on or near the pier at 70th Street and the Hudson River. There is really something for everyone right out our front door!

Save the date—Thursday, June 23rd

APARTMENT SALE CONTENTS — ALL PROCEEDS TO BENEFIT LINCOLN HOUSE OUTREACH

The sale will take place in Helen Levine's apartment. Stay tuned for more info.

**Coffee, Cookies, & Conversation**

It been a while - let's reconnect! Come join your neighbors for an informal get-together.

**Every Wednesday - 2:00 - 3:30pm**

This is a drop in group so come whenever you are able.

**Trader Joes**

Monday, June 6th

Leave at 9:45 am - pick up 11:15 am

You must reserve your seat for all trips!

**Costco**

Tuesday, June 7th, Leave 10:15 am

Thursday, June 23rd, Leave 12:45 pm